

Start a fruitful conversation with
EDWARD F. SYLVIA, M.T.S.

***Discovering the spiritual laws
within Nature's Design***

Edward F. Sylvia is passionate about his lifelong quest for answers to some of life's biggest questions. Use the ideas below to begin lively, entertaining conversations. These topics can be explored in as much depth as you want and be provocative as you can handle.

Sylvia is the author of *Sermon from the Compost Pile – Seven Steps Toward Creating An Inner Garden*. His provocative new book, *Proving God*, will be released in Spring 2010.

For an almost-daily dose of his unique look at life, visit his blog at <http://thegodguy.wordpress.com>.



INTERVIEWER'S CATALYSTS

1. Why do gardens have such a calming effect on people?
2. Why is the color green so soothing?
3. Why are plants medicinal?
4. Why does nature's animal kingdom remind us of different human emotions?
5. How can gardening and the world of nature teach us about inner growth?
6. What is Inner Gardening?
7. If I live in an apartment, can I still do inner gardening?
8. What does a compost pile teach us about humility?
9. If Inner Gardening is a true spiritual process, why isn't it described in the Bible?
10. What does environmental degradation say about the modern human spirit?
11. What do plant seeds and religious doctrine have in common?
12. What can Inner Gardening teach us about hidden agendas and the subtext of our motives?
13. Is Heaven a real ecosystem?
14. What can different qualities of soil teach us about the soul?
15. How do we improve our understanding of the Garden of Eden and the Tree of Life?